

St Thomas of Canterbury College

7/8 KINESIOLOGY



FIFA WORLD CUP
RUSSIA 2018

NAME:

Tournament Draw

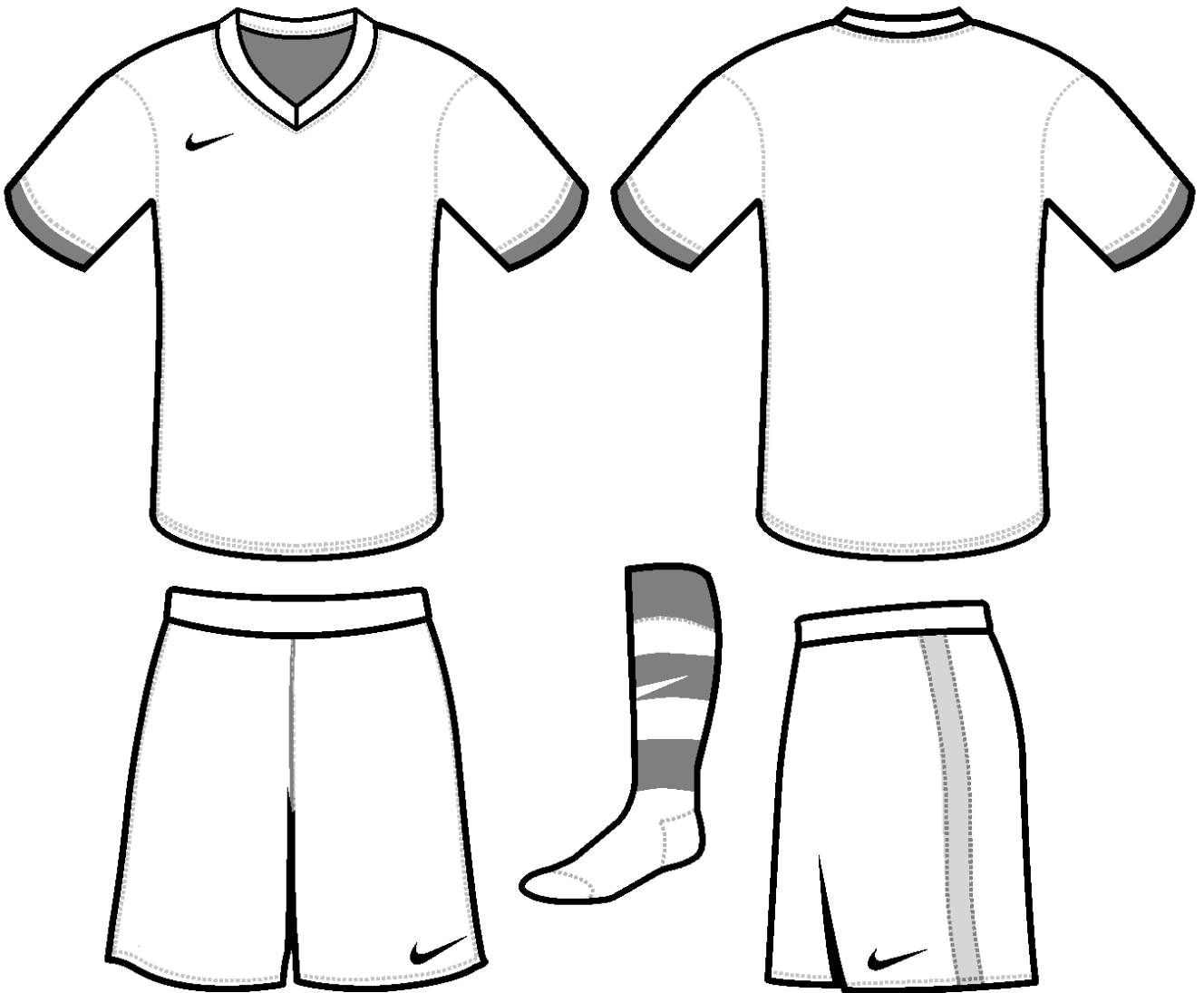
GROUP A	GROUP B	GROUP C	GROUP D
 Russia	 Portugal	 France	 Argentina
 Saudi Arabia	 Spain	 Australia	 Iceland
 Egypt	 Morocco	 Peru	 Croatia
 Uruguay	 IR Iran	 Denmark	 Nigeria
GROUP E	GROUP F	GROUP G	GROUP H
 Brazil	 Germany	 Belgium	 Poland
 Switzerland	 Mexico	 Panama	 Senegal
 Costa Rica	 Sweden	 Tunisia	 Colombia
 Serbia	 Korea Republic	 England	 Japan

The team I am picking to win the World Cup is:

The team I would love to see win the World Cup is:

If I were to design a new uniform for a country it would look like the following

COUNTRY



FIFA Player Profile

You are to participate in 5 different activities to build your player profile over the tournament

POWER UP	Level 1	Level 2	Level 3	Level 4
Skills	<i>Juggle the ball 5 times without touching the ground</i>	<i>Flick the ball up in the air and header it 3 times</i>	<i>Heel flick the ball up in the air and kick to target</i>	<i>Receive aerial pass to chest, knee to air then kick to target</i>
Shooting <i>*means no goalie</i>	<i>Make 5 shots from the penalty spot past a goalie</i>	<i>Make 5 shots from the L or R corner of goal box past goalie</i>	<i>Score 3 goals shooting over the top of stationary defenders *</i>	<i>Score a goal from the corner spot *</i>
Strategy <i>Present to teacher</i>	<i>Design a playing uniform on the previous page</i>	<i>Create a team defensive pattern for a game</i>	<i>Create a free kick play from just outside the top of goal box</i>	<i>Use Sphero's to code your free kick strategy and execute it</i>
Defence	<i>Stop 3 x 1 v 1 challenges</i>	<i>Stop 3 out of 10 goals from a penalty spot</i>		
Coaching	<i>Research & design a drill to enhance passing, dribbling or shooting accuracy</i>	<i>You are down 2 goals at half time, write your half time speech outlining your plan for 2nd half.</i>	<i>Create a poster about attributes a good coach has. Include ways to communicate.</i>	<i>You are to lead a small group through the drill you designed during the level 1 task.</i>

Each 100-minute block you choose which skill to work on. One POWER-UP skill per lesson.

You have 6 lessons to POWER-UP your player profile as much as possible.

Training Diary

DATE: _____

Lesson 1 – POWER-UP Skill:

Today I worked hard on:

I achieved Level/s:

DATE: _____

Lesson 2 – POWER-UP Skill:

Today I worked hard on:

I achieved Level/s:

DATE: _____

Lesson 3 – POWER-UP Skill:

Today I worked hard on:

I achieved Level/s:

DATE: _____

Lesson 4 – POWER-UP Skill:

Today I worked hard on:

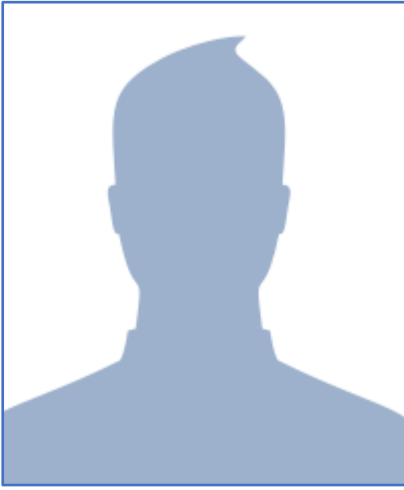
I achieved Level/s:

DATE: _____

Lesson 5 – POWER-UP Skill:

Today I worked hard on:

I achieved Level/s:



Player Name: _____

Date of Birth: _____

Favourite Food: _____

Favourite Video Game: _____

Football Hero: _____

Country Supported: _____

I feel the best skills I have to apply in football are:

The biggest thing I feel like I could improve on is:

During a team game I usually: (circle one)

Stand back and let others play / Join in some of the time / Give everything I can

A goal I will set myself, based on this reflection, for this unit is too:



POWER-UP	Level 1	Level 2	Level 3	Level 4
Skills <i>teacher signature</i>				
Shooting <i>teacher signature</i>				
Strategy <i>teacher signature</i>				
Defence <i>teacher signature</i>				
Coaching <i>teacher signature</i>				

Colour in each level completed
Use a different colour for each POWER-UP